



## Te Tiriti o Waitangi

Wāhanga Tuatahi  
Kāwanatanga  
Article 1  
Mana Whakahaere  
Good Governance

Wāhanga Tuarua  
Tino Rangatiratanga  
Article 2  
Self Determination

Wāhanga Tuatoru  
Ōritetanga  
Article 3  
Mana Tangata  
Equity, Fairness and Justice

Wāhanga Tuawha  
Te Ritenga  
Article 4  
Promise of upholding cultural  
identity

### Equity:

- Improve outcomes for all tamariki, with a focus on Māori, Pasifika, disabled and targeted groups
- Report ethnicity outcomes
- Represent tamariki on regional and national health governance groups
- Uphold UNCROC principles
- Support a life course approach

### Partnerships & Connectiveness:

- Play an integral part in developing networks across the health system
- Work with networks across the sector that impact tamariki health and wellness
- Build resilience with the development of a Māori support group
- Provide cultural leadership

### People: Ngā Tāngata:

- Promote health workforce development and support; particularly within the Māori and Pasifika health workforce
- Improve members cultural competence and safety
- Use te reo Māori respectfully and effectively
- Provide a voice for tamariki to improve health services

### Improving Practice:

- Develop whānau communication and education for priority populations e.g. Māori and Pasifika
- Encourage national quality improvement in child health
- Strengthen resource development nationally

### SYSTEM ENABLERS

- Real time data – reporting by quintile, ethnicity and demographics
- Communication and technology leadership



whānau



pēpi



tamariki



rangatahi

“  
Vision:  
TAMARIKI IN AOTEAROA  
**FLOURISH**  
IN HEALTH AND WELLNESS  
”



**The Paediatric Society of New Zealand**  
**Te Kāhui Mātai Arotamariki o Aotearoa**

## **Strategy 2021-26**

*“The Paediatric Society’s purpose is to promote effective policies and practices to recognise and eliminate health inequities in Aotearoa and prioritise tamariki Māori.”*

*Vision: Tamariki in Aotearoa flourish in health and wellness.*

### **Our Background:**

The Paediatric Society of New Zealand (PSNZ) 2021-2026 Strategy builds on previous strategies with an intentional focus to improve health outcomes for Māori tamariki and rangitahi. Te Tiriti o Waitangi provides overarching guidance, supported by interconnected themes to improve equity, strengthen partnership and connectiveness, and build a culturally responsive workforce that has the skills and resources to implement nationally consistent model of care, standards of practice, and quality of service. This will enable tamariki in Aotearoa New Zealand to flourish in health and wellness. For this to be achieved tamariki must be considered in the context of their whānau.

For tamariki to flourish, structural barriers in health must be addressed. The PSNZ has a role as a national leadership organisation to influence outcomes for tamariki and rangatahi. This will be achieved by promoting change through collective thinking across the sector. The PSNZ aims to become compliant with Te Tiriti o Waitangi and improve our cultural responsiveness as an organisation by ‘getting our own house in order’ as well as well as building partnerships to enable cohesive collaborate ways of working; both across systems, and at the individual level when working with whānau. The PSNZ welcomes the opportunity to participate in the National Health System reforms.

PSNZ membership includes over 650 people from a range of specialities and disciplines delivered nationally across health settings. Administrative support includes facilitation and project management leadership alongside oversight by an established governance structure.

The current PSNZ programmes include:

**The Child and Youth Clinical Network** (NZCYCN) funded by a MoH contract and supported by PSNZ. The Networks deliver quality improvement initiatives such as clinical practice recommendations, tools to promote workforce development, resources, recommendations for implementation and link to KidsHealth to ensure messaging for whānau is delivered consistently and resonates for targeted populations.

**Special Interest Groups** (SIGs) provide an informal mechanism for people with a common interest for child health improvement to come together, discuss ideas, and promote quality improvement. They are enabled by mechanisms within the PSNZ to share information, develop submissions and influence change.

**NZ Child and Youth Epidemiology Service** (NZCYES) funded by the MoH, supported by PSNZ and the University of Otago. NZCYES collates and disseminates information on the health and wellbeing for tamariki and rangitahi in Aotearoa New Zealand. Reports seek to highlight disparities in health outcomes and report on ethnicity, and the social determinants of health.

**KidsHealth** is a PSNZ service that provides accurate and reliable child health information for New Zealand parents, caregivers, family and whānau. KidsHealth has developed over time in collaboration with the Starship Foundation, is funded through a MoH contract, and supported by an advisory group. A key purpose is to ensure nationally consistent messaging is delivered utilising the most appropriate subject matter experts, linking to health agencies through partnerships and collective agreement. Monitoring is supported by data that includes ethnicity and geographical location of delivery.

**We present our strategy with Te Tiriti overarching the four themes of ‘Health Equity, Partnership, People and Improving Practice’.**

### **Te Tiriti o Waitangi**

A modern Treaty partnership empowers Māori communities to be actively involved in policy decision-making in matters affecting Māori communities<sup>i</sup>.

Partnership within the Te Tiriti o Waitangi ‘serves to describe a relationship where there is respect for other’s status and authority in all walks of life’<sup>ii</sup>.

This commitment requires the PSNZ to consult and partner with Māori colleagues and organisations whose mahi is to improve outcomes for tamariki and rangitahi<sup>iii</sup>.

The PSNZ endorses the RACP position statement for indigenous people and considers it to be applicable to all professional groups working in child health in Aotearoa New Zealand. The PSNZ strategy will develop measurable actions to support key messages. Key messages include:

1. PSNZ is committed to taking action to eliminate health inequities experienced by indigenous children.
2. Indigenous children have a right to the same standard of health as other Australian children and children in Aotearoa New Zealand.
3. Indigenous child health is everyone’s responsibility.

4. In their day-to-day practice of medicine, every health professional<sup>1</sup> influences indigenous child health.
5. Health professionals should be able to openly discuss and teach about how implicit bias, institutional racism, colonisation and privilege impact on the health of children.
6. Indigenous child health works best when designed and delivered by indigenous people.

### Health Equity

In Aotearoa New Zealand, people have differences in health that are not only avoidable but unfair and unjust. Equity recognises different people with different levels of advantage require different approaches and resources to get equitable health outcomes<sup>iv</sup>.

The PSNZ is committed to achieving equity. Firstly, for Māori, as tangata whenua and partners with the Crown under Te Tiriti o Waitangi, but also for the many groups that make up Aotearoa New Zealand's diverse population<sup>v</sup>. Health equity and Māori health advancement require separate and interlinked priorities, with Māori health equity an area of commonality and overlap across the two areas<sup>vi</sup>.

A life course approach to achieving equity through our PSNZ programs aims to improve practice and monitor with measurable outcomes.

In July 2021, in partnership with Māori members, PSNZ developed a position statement on Inequities in Māori Health as an important step in promoting a process to effect change.

Health equity must also meet access to services from all locations in Aotearoa New Zealand. Postcode and geographical inequity should not be tolerated.

Health equity includes promoting the needs of children with disability across the sectors. The health system re-structure provides an opportunity to consider new ways for developing models of care that transcend traditional DHB boundaries and funding siloes integrating with education and the social services. PSNZ leadership will seek representation on regional and Health NZ and Māori Health authority groups.

Project and network development work will be developed with an equity lens and report outcomes accordingly.

PSNZ will ensure that information is delivered consistently and is deliberately focused to achieve health improvement for those most in need from an equity perspective.

PSNZ recognises and uphold the principles of the United Nations Convention on the rights of the Child (UNCROC).

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<sup>1</sup> For the purposes of the PSNZ Strategy, Paediatrician is replaced with health professional to include their multi-disciplinary membership.

## Partnership

For tamariki in Aotearoa New Zealand to flourish in health and wellness the delivery of child health services nationally requires partnership and connection both within the network of services that deliver health services, and across sectors that impact tamariki wellness (Housing, Education, Mental Health and Social Sector Services - Oranga Tamariki).

The health and disability system reform provides an opportunity to create new partnerships with DHBs and shared services being incorporated into a national body. Health New Zealand and the Māori health authority commissioning services, the reformed Ministry of Health in their advisory, strategy and policy functions, and the Public Health Agency, will identify the PSNZ as 'first point of call' and 'go-to advisory centre' for child health connection nationally.

This strategy will be supported by the development of a Māori network to provide cultural leadership. PSNZ executive propose the development of a Māori Advisor position who will work with members, our programmes, and the executive to support Te Tiriti to be a focus of priority and integration across all areas of activity within the PSNZ.

The PSNZ will strengthen 'easy to access' connection to national child health networks of people with expertise in child health speciality areas across quaternary, secondary and primary health networks. Improvement in health outcomes for Māori also requires collective partnership with other services (e.g. Kaupapa Māori organisations) who capture the experience of whānau as they navigate health systems.

The PSNZ, with multi-disciplinary membership already, has well established partnerships; both formally and informally. For example, three members of the PSNZ are represented on the RACP Paediatric and Child Health Division (PCHD).

Memorandum of understanding (MoU) between key organisations and groups will enhance the ability of PSNZ to engage with the right people to further promotion of health and wellness of tamariki and rangitahi. MoU's are currently in place with a number of organisations (The College of Child and Youth Nurses, NZO, New Zealand College of Midwives, NZ Pain Society, Hospice New Zealand, Aotearoa College of Diabetes Nurses, NZNO).

We will strengthen current commitment to actively seek partnership and collaborative working with Māori and Pasifika organisations and form new alliances to build a collective way of operating to benefit tamariki. An MoU with Health Navigator aims to strengthen the consistency of health literacy advice being delivered nationally across the domains where health is delivered (primary, secondary etc).

The PSNZ members will identify with the vision, and purpose to deliver on the strategic plan.

## Tangata o Tamariki - The People

*He aha te mea nui o te ao? He tangata , he tangata, he tangata.  
What is the most important thing in the world? It is people. It is people. It is people.*

This component of our strategy includes the structural elements of PSNZ to support the membership activities as well as the needs of the workforce to deliver on the strategy as a whole.

Workforce development for all who work with tamariki and rangatahi in key areas of cultural competence and safety will ensure the health needs of Māori are prioritised. Reducing barriers to engagement will be enhanced by the development of education modules on cultural awareness and cultural safety.

The workforce should mirror the population of Aotearoa New Zealand. Increasing the provision of care by Māori for Māori enhances the services they provide by being part of the planning and controlling of the services provided. Trainees should be supported and mentored through basic and advanced training in medical, nursing and allied health groups.

Use of te reo Māori for names, places and common terms enhances the relationship with Māori and shows respect. Members are encouraged to engage in learning tools, develop a mihi and seek pronunciation guidance.

The PSNZ membership and structure enables a voice to promote child health services to be delivered nationally. This strategy refines the focus beyond current system structures and service delivery to integrate what we know (scientific knowledge) to enable tamariki and whānau to actively engage with health services in a way that enables them to flourish.

## Improve Practice

The PSNZ membership brings together a diverse range of multidisciplinary health professionals who share an interest in prioritising tamariki health and wellness.

The Annual Scientific Meeting is a key platform of PSNZ that brings together people from Aotearoa New Zealand as well as internationally to present on a range of child related research, and quality initiatives. Virtual meetings will be used as needed to ensure reach across Aotearoa New Zealand.

NZCYCN provide a mechanism informed by a governance group to improve service delivery and best practice nationally. The clinical reference groups of the networks will establish work plans that have frameworks to improve Māori health outcomes. The focus of network activity will ensure participation from Māori either within the Network or by co-partnership model development to ensure Māori will be fully involved in the design, delivery, and evaluation of services. Work plan deliverables will be realistic and do-able. Networks must have the capacity to deliver (noting that the PSNZ is a national collective of people, many of whom provide time outside of work commitments to contribute).

Over the next five years the Networks will be expected to prioritise activity that embeds the principles of Te Tiriti o Waitangi. Quality improvement outcomes for all tamariki will be measured to monitor disparity and inequity. Resources developed by the clinical networks will be available on the Starship website for access to both national and international audiences. They are updated in a timely manner.

The PSNZ will continue to strengthen relationship with SIGs through communication systems (Discourse) to encourage participation, and support education initiatives. Administrative support will be reviewed.

NZCYES are guided by a steering group in partnership with MoH and the DHBs. Reports seek to highlight disparities in child and youth health, or cases where inequities in service provision mean that children and young people are not reaching their full potential. Timely reporting and provision of data is essential to gauge impact of policy on outcomes for children and whānau.

NZCYES will work in partnership with national agencies to promote and enable real time data to be available to monitor the impact of interventions, and new models of care. Dissemination of information to influence government health decisions will continue, such as is occurring with Cure Kids and RACP, and Better Start.

KidsHealth will focus to work more closely with our partners to develop and deliver information to whānau, tamariki and rangatahi in ways that are relatable to the audience we are wanting to influence.

KidsHealth will work with other national health literacy providers to ensure Māori engagement early in design of resources. This will ensure nationally consistent messaging is delivered utilising the most appropriate people are involved, linking to health agencies through partnerships and collective agreement.

Monitoring will be supported by data that includes ethnicity and geographical location of delivery. Working in partnership and being connected to whānau experience will support service development to integrate 'what we know' with 'what works'.

To support this over the next five years we are committed to ensure that the messages we deliver to whānau resonate for the populations with disparities so that outcomes are improved for everyone.

### **Administration and communications**

Membership of PSNZ is supported by an administrative team and promotes attendance at PSNZ activities – especially the ASM, and participation in the activities and programmes of PSNZ.

The executive and administration of PSNZ will support and develop resources which are accessible on the PSNZ website, the Starship website which hosts the NZCYCN, and the KidsHealth website.

The PSNZ communication strategy will promote the work of PSNZ and improve the engagement of members.

Spokespeople and representatives of PSNZ will be available for leadership roles, submission development, and media engagement with the support of the Communications Manager.

Two funding streams will be available to members to assist in delivering the strategy of PSNZ.

- Education funding is available by application to members to participate in educational activities.
- Innovation funding is expected to be available in the 2021/2022 year. The purpose of the Innovation Fund is to improve the health and wellbeing of tamariki and rangatahi by supporting the Society and its members to develop and implement innovative ways of providing healthcare.

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<sup>i</sup> [https://forms.justice.govt.nz/search/Documents/WT/wt\\_DOC\\_152801817/Hauora%20W.pdf](https://forms.justice.govt.nz/search/Documents/WT/wt_DOC_152801817/Hauora%20W.pdf) (P29)

<sup>ii</sup> [https://forms.justice.govt.nz/search/Documents/WT/wt\\_DOC\\_152801817/Hauora%20W.pdf](https://forms.justice.govt.nz/search/Documents/WT/wt_DOC_152801817/Hauora%20W.pdf) (p27-28)

<sup>iii</sup> [https://forms.justice.govt.nz/search/Documents/WT/wt\\_DOC\\_152801817/Hauora%20W.pdf](https://forms.justice.govt.nz/search/Documents/WT/wt_DOC_152801817/Hauora%20W.pdf) (P28)

<sup>iv</sup> MoH definition of equity. Approved by Ashley Bloomfield – (Email correspondence 5.4 2019)

<sup>v</sup> The Health Quality & Safety Commission – Kupu Taurangi Hauora o Aotearoa (the Commission).

<sup>vi</sup> Health Quality and Safety Commission New Zealand: Kupu Taurangi Hauora o Aotearoa; *He matapihi ki te kounga o ngā manaakitanga ā-hauora o Aotearoa 2019 – he tirohanga ki te ōritenga hauora o te Māori*