



## Eczema News - Te Rōpū Kiripai Hapori

**Spring Edition 2023** 

### Kia ora

Welcome to the Paediatric Society of NZ (PSNZ) Te Rōpū Kiripai Hapori (the Eczema Clinical Network) "Eczema News" Spring edition. The Clinical Reference Group (CRG) of Te Rōpū Kiripai Hapori shares this newsletter with our extended clinical network biannually, bringing together current news, clinical updates, patient stories and any other requested content.

We are keen to connect with the paediatric eczema workforce across the country and invite anyone interested to join our extended clinical network - just email <a href="mailto:eczemacn@paediatrics.org.nz">eczemacn@paediatrics.org.nz</a>.

In this Spring edition we concentrate on topical steroid use and bring you evidence and useful resources from our Australasian and local experts.

#### **Education and Resources**

# Australasian Paediatric Dermatologists Consensus Statements on the use of TCS in Paediatric Eczema

These short articles are written by a large working group from the Australasian Dermatology College.

Aimee Mackey, a Paediatric Nurse Specialist in Christchurch has provided a <u>summary and links to this resource</u> that is very useful to show whānau who have concerns.



### **Medication Focus**

## **Topical Steroid withdrawal (TSW)**

In recent times this entity has had an increasing social media presence in the eczema world and more recently made it to mainstream news in New Zealand. Thus, we expect that many of you seeing and managing eczema in your work will have questions being asked by whānau.

Our National senior Paediatric Dermatologist Dr Diana Purvis has written a <u>summary</u> <u>article</u> on the evidence to date and why our eczema families do not need to be worried.

### Who are the Clinical Reference Group (CRG) of Te Rōpū Kiripai Hapori?

The CRG is a small group of health professionals - general practitioners, paediatricians and paediatric specialist physicians, nurses, and allied health professionals from across Aotearoa who are passionate about paediatric eczema and are working collaboratively with the support of PSNZ to improve knowledge and resources. Click here to meet our current CRG members.

The most up to date clinical information on management of eczema in Aotearoa can be found at <u>Starship - Child and Youth Eczema Clinical Network</u>. Please do promote this website widely within your local networks.

The CRG welcome any <u>feedback or ideas</u> about how to make this publication an effective communication and education tool for health professionals across Aotearoa.



Please feel free to forward this newsletter to anyone you think may be interested.