



# Eczema News - Te Ropū Kiripai Hapori

**April 2022 | Edition #1** 

### Kia ora

Welcome to the Paediatric Society of NZ (PSNZ) Te Ropū Kiripai Hapori (the Eczema Clinical Network) inaugural "Eczema News". The Clinical Reference Group (CRG) of Te Ropū Kiripai Hapori will be sharing this newsletter with our extended clinical network quarterly; bringing together current news, clinical updates, patient stories and any other requested content. The CRG welcome any feedback or ideas about how to make this publication an effective communication and education tool for health professionals across Aotearoa.

## Who are the Clinical Reference Group (CRG) of Te Ropū Kiripai Hapori?

The CRG is a small group of dedicated health professionals, including general practitioners, paediatricians and paediatric specialist physicians, nurses, and allied health professionals from across Aotearoa New Zealand who are passionate about paediatric eczema and are working collaboratively with the support of PSNZ to improve knowledge and resources. Click here to meet some of the CRG members.

We are keen to connect with the paediatric eczema workforce across the country and invite anyone interested to join our extended clinical network. In this inaugural edition of Eczema News we focus on where to find up to date information for health professionals, where to direct consumers for whānau-friendly information, and practical tips about bleach bath advice.

#### **Education and resources**

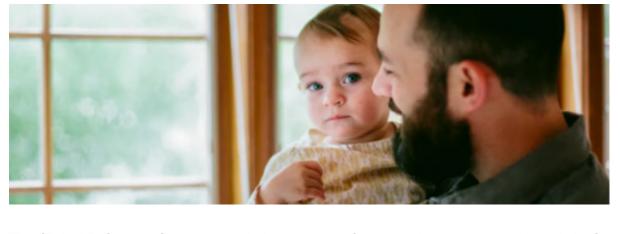
The most up to date clinical information on management of eczema in Aotearoa can be found at Starship - Child and Youth Eczema Clinical Network. Content on this website is collated and/or developed by the Clinical Reference Group (CRG) of Te Rōpū Kiripai Hapori.



The information on this website is designed to be used by Health Professionals working with the families of tamariki and rangatahi with eczema to facilitate consistency in approaches to care across the motu. It contains links to other helpful websites and resources. Please do promote the eczema page of the Starship website widely within your local networks.

# What's available for whānau

The Eczema Clinical Network recommends that families of children and young people with eczema in Aotearoa be directed to the Eczema in Children | KidsHealth NZ website. The content for these pages is written specifically for tamariki and/or rangatahi and their whānau and is reviewed regularly by the Clinical Reference Group.



The Clinical Reference Group are exploring strategies for how to better promote this website for families across Aotearoa. Please do share it widely within your local networks and let us know if you have any <u>creative ideas</u> for promoting this website.

### Stories from Aotearoa: "Bleach in the bath! Helpful or harmful?"



A recommendation to use bleach baths as a means to control skin infection can be met with some resistance and anxiety.

"Just add a splosh of Janola to the bath water" is really NOT going to cut the mustard for adequately giving robust information to whanau.

Click here for some helpful tips from CRG member Lydia Snell around how to confidently discuss exactly how to safely use bleach baths for children with eczema.



Please feel free to forward this newsletter to anyone you think may be interested.