



Implications to practice:

Sleep – Working together to support children and their whānau ...Why it's everyone's business

Follow up session with Jane Hamer,

Paediatric Physiotherapist and Clinical Leader of Paediatric Physiotherapy (part-time), for
Te Whatu Ora Waitematā

➔ 12pm - 12.30pm | Tuesday 8 July, 2025 | [Hosted on Zoom](#)

In this session, Jane Hamer will facilitate a knowledge translation session following on from her presentation last month that shared insights from the AusACPDM conference in Cairns (2024).

To enhance learning and active participation in the knowledge translation session, we invite you to [watch last months presentation](#).

Three questions to think about ahead of this session, which we will collaboratively discuss are:

1. What skills and knowledge do you already have to help support sleep? What are your learning or knowledge gaps?
2. What could you do differently to find out more about a child's sleep?
3. In your context, what opportunities can you create to collaborate with others to help support sleep care?

Access the session here



About Jane Hamer

Jane Hamer is a paediatric physiotherapist and also the Clinical Leader of Paediatric Physiotherapy (part-time), for Te Whatu Ora Waitematā (West Auckland and North Shore of Auckland, New Zealand). She has worked with children for 30+ years, primarily in Child Development Teams, but also in the private and education sector, in PICU, and on the local acute paediatric medical ward. Her passion is supporting children with complex disability, and their families. She graduated with a Masters of Health Science from Otago University in 2023, exploring caregivers experience of implementing sleep systems for their children. She has a particular interest in sleep and 24-hr postural care for children with complex disability and is currently working on a co-design partnership project with families, to implement the research findings into practice. Jane is a committee member for the Physiotherapy NZ Paediatric Special Interest Group and is also a member of the Paediatric Society Neurodevelopmental Reference Group, and the PSNZ Lunch and Learn Group.

Contact us

If you would like to join our mailing list, have a suggestion for a topic or are interested in presenting at one of our workshops, [please get in touch](#).

For any technical issues or queries please reach out to the Neurodevelopment